

Wednesday September 18th: **CT CHIP Board Meeting** held at the EASTCONN Central Office, 376 Hartford Turnpike (Route 6), Hampton, CT

Present:

Kristin Heckt, Bolton
Mark Walter, Columbia
Bev Ciurylo, Columbia
Bob Gentes, Thompson
Orla McKiernan-Raftery, Thompson
Marie Mongeau, Thompson
Kelly Vachon, Brooklyn
Patti Buell, Brooklyn
Michelle Demicco, Canterbury
Todd Goodall, Brown and Brown
Lynn Gurnham, MDG
Kim Dimatteo, USI
Larisa Carr, CT-CHIP
Anne Millett
Kelly Vachon – Brooklyn
Patti Buell – Brooklyn

Joe Spurgeon, LRI
Ashley Stefanski, LRI
Jerome Lorde, Cigna
Mike Donnelly, Cigna

1. The meeting was called to order: at 9:32 am

2. Approval of Minutes:

- No minutes to approve

3. Additions to the Agenda: No Additions

4. Joe Spurgeon provided the CT-CHIP update:

Requesting claims from previous carrier through June. Incurred claims through September.

Comptroller's request for information update due on 10/1/19. State plan discussed and the loss of money they are experiencing equaling a \$10M deficit and growing. 80% of the enrollment is Fairfield County which is the most costly district in the state. CT-CHIP will send an email to each entity to support their submissions to the comptroller's office. The group agrees they will provide the Cigna rates and SBCs.

5. Wellness Champions

Requested staff members from each entity. Meetings are being scheduled for October, November and December for the CT-CHIP Wellness Committee. Looking to roll out wellness plan in January.

6. CT-CHIP Invoices and Administrative Fees

All invoices have gone out for July, August and September. Many changes occurred after the billing went out to each member entities census. Most changes will not be captured until

November's invoice. AS changes pass through Cigna the invoices will correct themselves. The group agreed to pay as billed.

Joe explained that the invoices were later than expected and that Cigna produced a pre-invoice that tied to the assumed enrollment but there were errors that needed to be fixed prior to releasing the invoices to the group. Joe, Ashley and Larisa worked hard to get as much correct as possible to start, but incorrect billing is typical. Asked all brokers to continue to review rates and advise of any corrections.

Mike Donnelly from Cigna noted that all Cigna clients were also impacted by the Cigna Access database being down. Training on the database is now resuming for all of the entities. Mike also noted that any member updates done prior to the 10th of each month will hit the following month's billing cycle.

7. Cigna Team: Mike and Jerome

Provided an implementation timeline. SPC(plan contracts) were loaded on June 14th, and eligibility was loaded on June 19th and ID cards were mailed on June 24th. That was their main goal. H.S.A. accounts were set up June 24th and H.S.A. cards issued on June 25th. Ball dropped around the pre-invoice, Mike apologized for this aggravation.

Utilization management is mirrored from all previous plans. PHS: basic medical management which does not require prior review and/or approval. July 2020 we will transition from the PHS platform to Health Matters. Main difference will be to engage people earlier to access preventative care through a proactive approach. Health Matters has no new pre-certifications.

The question was posed, if a group wants to negotiation to move to a higher approval level, can that be done? The answer was yes. Cigna would provide rates for any entity that wanted to negotiate higher approval levels. There is an opportunity to consider different options for each entity and Mike will provide the brokers with this information.

Cigna and Express Scripts merged and is in play. Currently outreach and working with clients who are on specialty RX. ACREDO will manage all of Cigna's specialty medications effective November 1, 2019. Mail order with Cigna is available to anyone for any medication. Jerome will distribute mail order information through the wellness committee communications.

Jerome discussed flu clinics and the Cigna Vaccination Program. Employees can receive their vaccinations, "while supplies last", which includes flu, pneumonia and shingles on their own at any of Cigna' participating vendors, i.e., CVS, Walgreens, Walmart. Jerome will share the vaccination program via email. Cigna does not have voucher, any vouchers would need to be provided by the vendor directly to cover non-insured members.

Mike advised that training is also being offered at each member entity through our Client Service Executive, Victoria Degillio. Victoria is on Pennsylvania so we would need to plan her sites visits together if member towns/BOEs are looking for this.

EAP has two free webinars coming up on 10/2 & 10/16 – Drug and Alcohol Awareness; this is open to everyone, even those not insured through Cigna. The EAP program is offered to all staff and their dependents.

Jerome is working to reschedule the OMADA call. OMADA is Cigna’s pre-diabetic program.

Question on dental cards came up. Mike and Jerome advised that all dental cards are generic, there are no real dental cards. The medical group number and name is all you need. You can also access your dental information through the MyCigna mobile app. Vision is built into the medical plan.

Prescription Utilization was reviewed based on a letter received by Thompson. Cigna advised there are no changes in utilization formularies. The marketing piece sent out was a notice about pharmacy utilization but there are no changes. If there are any changes Cigna will communicate that through direct marketing and the doctors. Mike will review to see if there are any upcoming drug exclusions and confirm with the group. He will also review if there are any new prior authorizations and communicate.

8. Website Reveal: Dona Prindle and Kerin Griffin

The new logo was revealed and a walkthrough the CT-CHIP website.

Next Meeting: September 18, 2019

9. Adjournment:

MOTION: Kristin Heckt motioned to adjourn the meeting at 11:44 am
SECOND: Patti Buell
VOTE: Unanimous
ABSTENTIONS: None

Respectfully submitted,

Ann Milette
Administrative Assistant - EASTCONN