

Monday, July 29, 2019: **EASTCONN CT CHIP Executive Committee Meeting** held at the EASTCONN Central Office, 376 Hartford Turnpike (Route 6), Hampton, CT

**Executive Committee Meeting:**

**Present:**

Larisa Carr, CT-CHIP

Lois Knapton – Canterbury

Kelly Vachon – Brooklyn

Patti Buell – Brooklyn

Michele Demicco – Canterbury

Joyce Stille – Bolton

Maria Geryk – Columbia

Beverly Ciurylo – Columbia

Mark Walter - Columbia

Robert Gentes – Thompson

Orla McKiernan-Raftery – Thompson

Marie Mongeau - Thompson

Todd Goodall – Brown and Brown

Lynn Gurnham - MDG

Ashley Stefanski – Lindberg and Ripple

Jerome Lorde - CIGNA

**1. The meeting was called to order: at 9:37 am**

**2. Approval of Minutes:**

- No minutes to approve

**3. Additions to the Agenda:** No Additions

**4. Donna Prindle, Marketing and Communications at EASTCONN showed the group information about the logo and website. A template of the website was shared. Work on the site will continue. Logo samples were shared.**

- Eight logos were displayed and members voted
- Copy of the marking bill dated April 23, 2019 was shared

**5. CIGNA email**

Jerome Lorde asked if everyone sent out the welcome to CIGNA email – not many responses

The group needs to determine what a wellness council should look like. The Wellness funds are \$60,000/per year. A subcommittee will create a wellness program to be approved by the Board. We would like to have a pooled source of funds to stretch the funds as far as possible. There are ideas that have been successful strategies for others. There are different challenges that can be offered through the wellness committee.

**MOTION:** Maria\_Geryk motioned to use the wellness funds/resources collectively for year one and task a committee to be formed to determine what will be offered.

**SECOND:** Joyce Stille

**VOTE:** Unanimous

**ABSTENTIONS:** None

ECHIP uses a website, Inspired Perspectives that offers 4 challenges throughout the year.

It was suggested that two people from each community should participate in the committee.

- The committee should meet to develop a survey.
- Each community needs to send the names of the two individuals to sit on the committee. It will not require a lot of work. Send names to Larisa soon.
- **The Wellness Champions** in each community would be great to promote these types of programs.
- CIGNA offers a pre-diabetes program. 1 in 3 individuals are pre-diabetic in the U.S. This program is totally independent. OMADA is a company that offers support to people who are pre-diabetic. Jerome would like to set up a WebEx for this group to learn more about this. This would require an email file and will promote this program to our employees.
- The initial meeting with the wellness team will provide an overview of the wellness options and survey for staff.
- E-Chip is offering mental health first aide training. This is a very popular training and can be offered for free from Cigna.
- The wellness committee will also discuss EAP. This is offered to all employees and those in the household.
- Flu Clinics: CIGNA could connect our employees to multiple sites where they can get shots rather than offering a flu clinic.
- The Town of Thompson has a wellness committee and EAP program.

**6. New Member checklist and timeline were shared**

- a. Joyce Stille made a recommendation to edit the Request for Membership Timelines. The group also discussed that any potential member must sign and agree to the CT-CHIP bylaws/collaborative agreement.

**7.**

**8. Review of bill for legal fees. Larisa to distribute the \$1,998/9 members will be billed.**

- a. Larisa will send out bills for \$650 to those entities who need to pay for marketing

There was one small edit make to the Small Groups document.

CT-CHIP stands for CT-Collaborative Health Insurance Program and all documents will need to add "each bargaining unit's"

**MOTION:** Joyce Stille motioned to adopt the CT-CHIP Connecticut Collaborative Health Insurance Program documents as revised.

**SECOND:** Maria Geryk

**VOTE:** Unanimous

**ABSTENTIONS:** None

## 9. Miscellaneous:

Cigna is working through the billing, but they are reviewing it carefully to ensure that the rates are correct. Once complete, an invoice will be sent out to each entity; the bills are for both July and August. This will be paid in August.

There will be a banking email sent to entity soon along with an administrative bill.

Send the census to MDG

Jerome noted that there is also a service eligibility and billing service.

As each municipality adds and/or removes employees they should also inform Larisa

HSA Deposits:

If an employee needs help to deposit the HSA funds there is information in the Welcome packet. It is suggested that that HSA funds should be electronically transferred.

Vision Exam:

Is included in medical under medical. The doctors need to call under the medical number. This covers 1 exam every 12 months. There is a discount under healthy rewards.

Next Meeting: September 18, 2019

## 10. Adjournment:

**MOTION:** Mark Walter motioned to adjourn the meeting at 11:19 am

**SECOND:** Joyce Stille

**VOTE:** Unanimous

**ABSTENTIONS:** None

Respectfully submitted,

Ann Milette  
Administrative Assistant - EASTCONN